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The Deluxe Food Lover's Companion



Synopsis

Based on Barron's popular and authoritative *The New Food Lover's Companion*, this enlarged and enhanced reference volume was written for discerning home chefs and everybody else who wants to become more knowledgeable about good food and elegant dining. This second edition has been updated with new information to reflect the way we eat in today's world. The authors have taken into account our healthier lifestyles and more diverse palates to include:

- More than 500 new listings, including entries relating to Indian and Southeast Asian ingredients, plus expanded coverage of South American, Hispanic, and Middle Eastern cuisines
- Updated information for hundreds of existing entries
- A blood alcohol concentration chart for men and women
- An extensive breakdown of food labels and nutritional facts
- Department of Agriculture recommendations for a 2,000 calorie per day food plan

More than 7200 entries plus line art are included in this seminal work. Miniature glossaries are interspersed throughout the text. Sidebar features throughout the book offer quick tips on food purchases, as well as Fast Facts and advice on preparation, serving, and dining. Handy appendices cover many topics including suggestions for substituting recipe ingredients, a microwave oven conversion chart, recommended safe cooking temperatures for meats and fish, and much more!

The deluxe hardcover binding with dust jacket includes a ribbon place marker and golden-tipped page edges, making this gorgeous book as much a showpiece as it is an indispensable reference.

Book Information

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Customer Reviews

I work in a kitchen and I know first hand that it's impossible to know everything about the culinary world but i love learning new things about it. This book is great for that because I'm always hearing

new words or words I've heard of but i don't really know what they mean and this book has the answers. It even has conversion charts for measurements

Love this book,so many little details and tidbits that I didn't know about.

I just want thank whoever though of this magnificent dictionary of food terms in knowledge I'll be sure to read this book as much as possible thank you great book

Great book, lots of amazing information for professional chefs, chefs in training, or just someone who loves cooking!

Amazing. Everything you could ever want in a food/drink encyclopedia. Extremely informative.

The food lovers companion helps me so much in doing my job. It's a remarkable work tool.

My dad is a passionate man when it comes to food and he loved this book

A must for every aspiring chef and a book that will serve for a career.

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Container Gardening, Vegetable Gardening) The Teddy Bear Lover's Companion ORGANIC COOKBOOK: Healthy And Delicious Baby Food Recipes Which Are Nutritious And Easy To Cook (organic food, food recipes, nutritious food) Homemade Baby Food: 17 Wholesome Baby Food Recipes for Easy, Nutritious, and Delicious Homemade Baby Food (How to Make Baby Food) Raw Food Diet: 50+ Raw Food Recipes Inside This Raw Food Cookbook. Raw Food Diet For Beginners In This Step By Step Guide To Successfully Transitioning ... Vegan Cookbook, Vegan Diet, Vegan Recipes) Raw Food: Lazy Man's Guide To Raw Food Success (raw food, raw vegan, raw food diet, raw vegan diet, 801010, 801010 diet,) The Food Lover's Guide to Paris: The Best Restaurants, Bistros, Caf  s, Markets, Bakeries, and More Eat, Drink, Think in Spanish: A Food Lover's English-Spanish/Spanish-English Dictionary

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